

Lent Study Groups

**Wednesday evenings, from 19th March
7:15 for 7:30, in person, in St Oswald's Hall
'Soul Food'**

We meet with our friends from Downview to explore themes of what sustains us using the previous Sunday's Gospel reading and set Psalm.

**Tuesday Evenings from 11th March,
by Zoom at 8pm
'Searched Me Out and Known Me'**

A study of Lenten themes using selected Psalms. This study is based on a book of Lent reflections by Charlie Bell who is a priest in our Diocese. The sessions will include times of personal and shared reflections. To participate fully you will need to have a copy of the book, which is about £10 from Amazon, and read the relevant chapter before each session.

The Zoom link will be the link used for Daily Prayer (not the Sunday service) you can find it on the separate sheet or email Alison to have it electronically.

Other ways to observe Lent

Please see the separate leaflet for details of services and studies to help participate in Lent

Volunteering and Vocation

Our readings today focus on Jesus being tempted in the wilderness.

Jesus chooses to resist the temptations of receiving worldly power and satisfaction.

What are the temptations for us when we choose to give, or not give our time to help others?

Fundraising for St Oswald's

Mike Morfey as kindly volunteered to help us raise funds to support some of the works needed to the church fabric St Oswald's. He will resume his running 'career' by running a 10K race at Crystal Palace on 6th April. If you would like to sponsor Mike please sign one of the sponsor sheets at the back of the church or donate online at

donate.justgiving.com/crowdfunding/michaeljohn-morfey

Bishop Christopher's Lent Call

'Jesus said, 'Let the little children come to me, and do not stop them; for it

is to such as these that the kingdom of heaven belongs.'

This year the Bishop's Lent Call invites prayer and donations to support projects working with children and young people in Zimbabwe, Gaza and in this country to promote good mental health and to support those who struggle with Mental Health difficulties.

Find out more at southwark.anglican.org/lentcall

You can donate using the box in church or donate online from the Lent Call web page.

www.stoswalds.org.uk

Vicar Rev'd Alison Brunt 020 8764 2853

Email rev.alison@outlook.com

Hall Manager 07944 473423

Alison takes Friday as her rest day. Please try to avoid contacting her between Thursday evening and Saturday morning. For urgent pastoral matters please contact Leonora Davies (Reader), who may be able to help, on 020 8409 1029



ST. OSWALD'S NORBURY

9th March 2025

First Sunday of Lent

Today's Services

8.00 am Holy Communion

10.00 am Sung Eucharist

Readings

Deuteronomy 26.1-11

Romans 10.8b-13

Luke 4.1-13

Hymns 121, 46, 115, 592, 464, 471, 663

This Week

Daily, Monday to Friday 9am, Saturday 9.15am

Morning Prayer (Zoom). All are welcome to join us in making a prayerful start to the day.

Tuesday 11th March

8.00 pm Lent Book Group by Zoom

See separate notice

Wednesday 12th March

10:30 am Holy Communion

7:30 pm PCC Meeting *In the hall*

NB the Wednesday Lent group begins **next week**

Thursday 6th March

2.00 pm POP In Club

Sunday 16th March 2nd Sunday of Lent

8.00 am Holy Communion

10.00 am Sung Eucharist

Prayers for the week

Those who struggle to sleep or to get enough rest (Friday is world sleep day!)

The Bishop's Lent Call: Children who are experience trauma throughout the world.

From the parish prayer sheet:

Our councillors, Alisa and Appu and our MP Steve Reed;
Maryland Road; Brickfield Road.

If you would like to suggest items for the notices, please send them to both the Vicar and Judy Morris, j.a.m@blueyonder.co.uk