

## Thank you

Alison is very thankful for your prayers and good wishes. She is still on sick leave but recovering well and grateful for your understanding of her need to rest in the days ahead. Please continue to direct any enquiries to the wardens and other church officers.

## Volunteering

Our reflections continue.

Our readings today encourage us to avoid the very human temptation to rely on ourselves, or those close to us, alone and more crucially to forget our need to trust in God.

When we follow a vocation or take up a volunteering role we need to do so with that spirit of our own need for God.

Whatever we are called to do, we need God more than God needs us.

We are blessed when we are willing to say 'yes' to God knowing that it is only in his strength that we will be carried through.

### Mike Morfey

Mike will be running a 10K race at Crystal Palace on 6<sup>th</sup> April to raise funds for the church. Sponsored sheets will be at the back of the church for anyone who would like to give generously. Alternatively donate on line at [donate.justgiving.com/crowdfunding/michaeljohn-morfey](https://donate.justgiving.com/crowdfunding/michaeljohn-morfey) if you would prefer. Many thanks

### Save the Dates!

**Saturday 22<sup>nd</sup> February, 6:30 pm**  
**Concert given by the Triptych Singers,**  
**followed by food in the hall!**

No tickets required but you will be invited to make a cash donation to the Addiscombe Neighbourhood support group based at St Mildred's Church and supported by the choir.

**Tuesday 4<sup>th</sup> March (Shrove Tuesday)**  
**St Oswald's Mardi Gras!**

6:30pm an evening of fun and food before we enter the season of Lent

Donations will be requested to support the work of Christian Aid.

If you can offer a plate of food, an activity or a performance please let Yvonne, Sonia or Alison know.

[www.stoswalds.org.uk](http://www.stoswalds.org.uk)

**Vicar Rev'd Alison Brunt 020 8764 2853**  
**Email [rev.alison@outlook.com](mailto:rev.alison@outlook.com)**

**Hall Manager 07944 473423**  
Alison takes Friday as her rest day. Please try to avoid contacting her between Thursday evening and Saturday morning. For urgent pastoral matters please contact Leonora Davies (Reader), who may be able to help, on 020 8409 1029



## ST. OSWALD'S NORBURY

**16th February 2025**

**3<sup>rd</sup> Sunday before Lent**

### Today's Services

**8.00 am Holy Communion**

**10.00 am Sung Eucharist**

At the Sung Eucharist today we will say prayers of blessing for Elizabeth and Gabriel as they prepare for their wedding.

Yemi and Dayo would like to invite everyone to a further celebration in the hall after the service.

### Readings

**Jeremiah 17.5-10**

**1 Corinthians 15.12-20**

**Luke 6.17-26**

**Hymns 584, 236, 667, 725, 775, 348, 641**

### This Week

**Daily, Monday to Friday 9am, Saturday 9.15am**  
Morning Prayer (Zoom). All are welcome to join us in making a prayerful start to the day.

**Wednesday 19<sup>th</sup> February**

**10.30 am Midweek Eucharist**

**Thursday 20<sup>th</sup> February**

**2.00 pm POP In Club**

**Sunday 23<sup>rd</sup> February**

**2<sup>nd</sup> Sunday before Lent**

**8.00 am Holy Communion**

**10.00 am Sung Eucharist**

### Prayers for the week

Couples who are preparing for marriage this year;  
The people of Gaza and of Ukraine  
in these difficult times.

From the parish prayer sheet:

Victims and perpetrators of crime and all  
involved in the criminal justice system;  
Marston Way; White Lodge.