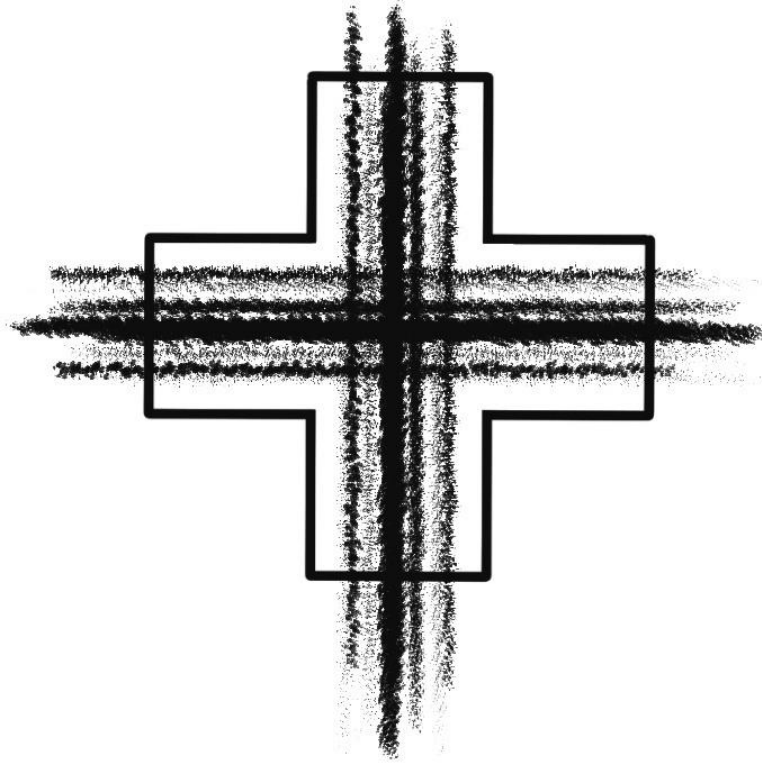




# St Oswald's, Norbury



## Eucharist for Lent

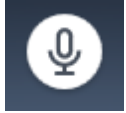
For use on Sundays in church  
and at home

*As you prepare to worship at home you might like to listen to or sing  
one of the suggested pieces of music for this Sunday.*

## **Taking part in the ‘Blue jeans’ Service**

*This service is led from the church using the Blue jeans video and audio conferencing package.*

*Please follow these guidelines to ensure that all taking part are able to focus on worship.*



### **Use of the microphone**

It's important to be aware that any noise you make at home (such as coughing, or rustling your papers) may override the sound of someone who is speaking – it will also focus the image on the screen to you! When you join the service your microphone may be automatically muted. If you have arrived early, please feel free to open it to greet others.

For the majority of the service, microphones will be muted centrally and then opened for communal responses. Please do not change the status of your microphone unless you want to close it so that you can't be heard. Some longer communal prayers will be led by a minister of the word with home microphones closed but please say the words at home.

Where there are responses that will be heard by all, please make them at your usual pace, without attempting to stay in time with others. You are invited to say the Lord's Prayer in the version or language that you prefer.

### **Using this booklet without joining the ‘Live’ service**

If you are alone, say as many of the words aloud as you feel are appropriate to say.

If you are with others, one person might take to role of the leader. It is not appropriate to say aloud the words of the Eucharistic Prayer. You may wish to read them quietly, or you may prefer to move straight to the Lord's Prayer and the prayer for Spiritual Communion

# THE GATHERING

President The Lord be with you  
All And also with you.

## Prayers of Penitence

A minister uses appropriate words as an invitation to confession

All Father eternal  
giver of light and grace,  
we have sinned against you and against our neighbour,  
in what we have thought, in what we have said and done,  
through ignorance through weakness,  
through our own deliberate fault.  
We have wounded your love and marred your image in us.  
We are sorry and ashamed, and repent of all our sins.  
For the sake of your Son Jesus Christ who died for us,  
forgive us all that is past; and lead us out from darkness  
to walk as children of light.  
Amen

The president says the absolution and leads the Kyrie.

President Lord, have mercy  
All Lord, have mercy  
President Christ, have mercy  
All Christ, have mercy  
President Lord, have mercy  
All Lord, have mercy

## The Collect

# THE LITURGY OF THE WORD

One or more passages from the Bible are read.  
At the end of each, the reader says:

This is the word of the Lord.  
All Thanks be to God.

## Gospel Reading

When the Gospel is announced we say  
All Glory to you, O Lord.

At the end, the reader will say:  
This is the Gospel of the Lord.  
All Praise to you, O Christ.

## Sermon

## The Creed

*This is said, whilst muted, if at home and led by a minister.*

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen

## Prayers of Intercession

These response to, "Lord, in your mercy", is:  
All           hear our prayer.

The intercessions conclude with:  
                  Merciful Father...

All           ...accept these prayers for the sake of your Son,  
                  our Saviour Jesus Christ. Amen.

# THE LITURGY OF THE SACRAMENT

## The Peace

The president says an introduction which ends:

The peace of the Lord be always with you

**All            and also with you**

*When invited to share a sign of peace, please offer peaceful greetings and gestures to the whole gathered congregation or offer the peace at home.*

## Preparation of the table

The president prepares the table and prays:

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands have made. It will become for us the bread of life.

**All            Blessed be God for ever.**

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you, fruit of the vine and work of human hands. It will become for us the cup of salvation.

**All            Blessed be God for ever.**

## The Eucharistic Prayer

President        The Lord is here.

**All            His Spirit is with us.**

President        Lift up your hearts.

**All            We lift them to the Lord.**

President        Let us give thanks to the Lord our God.

**All            It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.

For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and saying:

**All            Holy, holy, holy Lord,  
                  God of power and might.  
                  heaven and earth are full of your glory,  
                  Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
                  Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Praise to you, Lord Jesus

**All            Dying you destroyed our death,  
                 rising you restored our life:  
                 Lord Jesus, come in glory.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.



As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.  
Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of [*N and*] all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.  
**Amen.**

## **The Lord's Prayer**

*At home, we say this together, each at our own pace and in our preferred version or language, with our microphones open.*

President As our Saviour taught us so we pray  
All Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever.  
Amen

The President breaks the consecrated bread saying:

President We break this bread to share in the body of Christ.

All Though we are many, we are one body,  
because we all share in one bread.

President God's holy gifts, for God's holy people

All Jesus Christ is holy, Jesus Christ is Lord,  
to the glory of God the Father.

*The president receives communion and then, at home, we pray the prayer for Spiritual Communion which is led by a minister:*

## **Prayer for Spiritual Communion**

O Lord Jesus Christ,  
since I cannot now receive you sacramentally,  
I pray that you would come spiritually to my soul.  
Come Lord Jesus,  
come and cleanse me, heal me, strengthen me,  
and unite me to yourself,  
now and for evermore. **Amen**

*In church, music may be played during the distribution, at home psalms or the words of a hymn may be read by a minister of the word.*

## **After Communion**

*The post communion prayer (from the readings sheet) may be said privately at home but led by the president in church.*

# Notices

## THE DISMISSAL

The President says a Blessing which ends ...

... and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

All            Amen

Minister     Go in peace to love and serve the Lord.

All            In the name of Christ. Amen

